

# What are SoapNuts?

SoapNuts are small berries that grow on the Soapnut tree growing wild in Northern India.

The berry is gathered by hand, dried by the sun, and then deseeded.

SoapNuts contain saponin that release mild soapsuds when wet.

SoapNuts have strong antibacterial properties that effectively replace chemical detergents and soaps.

## Why use SoapNuts?

### 100% SoapNut Berry

No added chemicals, fragrances, dyes or fillers.

### Planet Friendly

Breaks down grey water in septic tanks, biodegradable, compostable, sustainably harvested and shipped to New Zealand.

### Saves Water

No rinse cycle required when you laundry with SoapNuts, saving litres of water every wash.

### Cost Effective

It costs from as little as 12 cents to wash a load of laundry.

*\*Based on 1kg bag of SoapNuts = 365 washes*

### All Purpose Cleaner

Use as a laundry & dishwasher detergent, general household cleaner, shampoo, jewellery cleaner, window & glass cleaner, carwash, plant wash, pest repellent, food detoxifier & liquid soap.

### Non-Allergenic

With no added perfume or chemicals SoapNuts are kind to your skin and suitable for allergy & eczema sufferers.

# Products

## SoapNuts

50g up to \*20 loads of laundry *+1 free washbag*

250g up to \*90 loads of laundry *+1 free washbags*

500g up to \*180 loads of laundry *+ 1 free washbag*

1kg up to \*365 loads of laundry *+ 1 free washbag*

*Refill packs available*

## SoapNut Powder

250g up to \*50 loads of laundry

500g up to \*100 loads of laundry

1kg up to \*200 loads of laundry

*\*estimated average laundry loads*

## Cotton Washbags

3 Pack Cotton washbags available

**NEW** - A range of Fragrance Oils and Essential Oils

to make your laundry smell gorgeous.

**Products coming soon** –SoapNut Liquid

**Visit [www.thesoapnutshop.co.nz](http://www.thesoapnutshop.co.nz) for recipes & information**

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SUSTAINABLE HARVEST  WILD CRAFTED  BIODEGRADABLE  COMPOSTABLE



**SOAP GROWN BY NATURE**



# Using SoapNuts

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## **Washing machine use**

Using SoapNuts ensures your laundry is fresh with incredible softness without the need for fabric softener.

Add 6-8 SoapNuts to the washbag provided & place inside the washing machine with your clothes. Wash as normal. If you don't have a washbag, pop the soapnuts in a sock and tie the top or in a laundry bag.

SoapNuts produce low suds & are suitable for use in both front & top loading machines.

Use warm /hot water for soiled washing and a cold wash for refreshing clothes. The rinse cycle need not be used as this is a low sud product.

If you enjoy scented laundry add 3 drops of essential oil to the washbag.

Store SoapNuts in a dry area. They will absorb moisture but this will not effect their cleaning properties.

## **Dishwasher use**

Place 5-6 SoapNuts into the washbag and secure to the cutlery holder. You may add vinegar to the rinse aid dispenser for sparkling clean glasses.

## **Making Liquid SoapNuts (concentrated formula)**

Simmer 1 cup of SoapNuts on the stove in 4 cups of water for 10 minutes. Cool & strain liquid into a bottle. Store in the fridge for up to 4-5 days.



# Using Liquid SoapNuts

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## **All purpose cleaner**

Keep the SoapNuts liquid in a spray bottle and use to clean the bathroom, kitchen, and floors. For fragrance add a 3-5 drops of essential oil (optional).

## **Jewellery cleaner**

Soak your jewellery in the liquid for a few minutes. Use an old soft toothbrush to gently remove debris. Rinse with clean water and polish with a dry cloth.

## **Window & glass cleaner**

Fill a spray bottle with 250ml water, 15ml vinegar and 15ml SoapNuts liquid. Spray and wipe windows or mirrors clean. Polish with newspaper.

## **In the dishwasher**

Fill the soap dispenser with soap nuts liquid. Add vinegar as a rinse agent.

## **Liquid hand soap and shampoo**

Fill a pump bottle with the liquid and use to wash your hands or hair. Avoid your eyes.

## **Pet shampoo**

Soak 8 soapnuts in a litre of water for 30 minutes. Pour over pet, rinse with clean water. Avoid eyes. It will leave the fur soft, clean and helps repel pests.

## **Plant wash & pest repellent**

Add 250ml water, 15ml SoapNuts liquid and 15ml Neem oil (optional) to a clean spray bottle. Shake well.

## **Handwashing silks & delicates**

Add 15ml SoapNuts liquid to warm water. Gently wash your delicate clothes. Rinse with warm water and hang or lay flat to dry.

# Using SoapNut Powder

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## **Washing machine use**

Place 2-3 teaspoons of powder into the powder dispenser and wash as normal.

## **Dishwasher use**

Add 1-2 teaspoons of powder to the dispenser depending of the size of the load. Add vinegar to the rinse aid dispenser for sparkling clean glasses.

## **Bathing**

Add 1-2 teaspoons of powder to a bath.

## **Bodyscrub**

Mix powder into a thin paste –suitable for all skin types.

## **Detoxify food**

Add 1 teaspoon of powder to 1 litre of water and soak fruit and veges for 10 minutes to remove potentially harmful residues and chemicals. Rinse.

## **Jewellery cleaner**

Add a few drops of water to a teaspoon of powder to make a paste. Rub paste onto jewellery, rinse and polish with a cloth.

## **Carwash**

Mix 3-4 teaspoons of powder in a bucket of water and wash the car as usual and polish and shine when dry.

## **Hair shampoo**

1 teaspoon of powder for short hair  
2 teaspoon of powder for long hair

Add water to powder to make a runny paste. Massage paste into the scalp & hair and rinse thoroughly. SoapNuts don't lather. If hair feels slightly stiff use less powder in the next wash. Helps dandruff, protect against lice, and makes hair shiny and healthy. No need to condition hair.

SoapNut Powder must be stored in a seal container/bag.